



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

FIRST SUNDAY OF LENT



Feb 26 – 1st Sunday of Lent

Genesis 2.7-9,16-18,25; 3.1-7
Romans 5.12-19
Matthew 4.1-11

Mar 5 – 2nd Sunday of Lent

Genesis 12.1-4
2 Timothy 1.8b-10
Matthew 17.1-9

Parish Calendar

Mon, Feb 27

9:00 am Mass
6:30 pm Knights of Columbus Meeting
7:00 pm Catholic Women's League General Meeting

Tue, Feb 28

9:00 am Mass
6:00-6:45 pm 1st Communion Preparation Meeting
7:00-8:30 pm Confirmation Preparation Meeting

Wed, Mar 1

9:30 am Catechesis of the Good Shepherd

Thu, Mar 2

9:00 am Mass with Sacred Heart Grade 7
9:30 am Cenacle of Marian Movement of Priests
10:30 am Pastoral Care volunteer meeting

Fri, Mar 3

9:00 am Mass
9:30 am Flame of Love Prayer Group
9:30-10:30 am First Friday Adoration and Benediction

Sat, Mar 4

4:00-4:25 pm Reconciliation
5:00 pm Mass

Sun, Mar 5 Second Sunday of Lent

9:00 am Mass
10:30 am Mass
11:30 am Children's Choir Practice
12:00-12:45 pm 1st Communion Preparation Meeting
1:00-2:30 pm Confirmation Preparation Meeting
*and Mass will be available on the church
website: www.holyspiritparish.ca

Adoration of the Blessed Sacrament will be held on Friday March 3 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction till 10:30am. We are invited to pray for the Synod as called by Pope Francis and for vocations to the Priesthood.

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password, "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

Mass Intentions

Sat, Feb 25 – 5:00 pm

†Maria Teresa & †Jose Chavolla and †Marina & †Carlos Wolf by Veronica Wolf & Daniel Chavolla
Intentions of Marion Di Gaspari by Patricia
†Joseph Di Gaspari by Family

Sun, Feb 26 – 9:00 am

For the intentions of all parishioners

Sun, Feb 26 – 10:30 am

†Connie O'Brien by Ontario Provincial Council of the Catholic Women's League

Mon, Feb 27 – 9:00 am

†Mrs. Judy MacDonald by MacDonald-Keyworth family

Tue, Feb 28 – 9:00 am

Intentions of Aaron Gifford by Dolores & Warren Bahen

Thu, Mar 2 – 9:00 am

†Phil Fitzgerald by Barb Fitzgerald

Fri, Mar 3 – 9:00 am

†Eva Kulas by Sandra Cybulski

Sat, Mar 4 – 5:00 pm

†Elaine O'Connor by Dan O'Connor & Family

†Bert O'Connor by Phil Rocco

In thanksgiving

Sun, Mar 5 – 9:00 am

†Connie O'Brien by Pauline Foley

Living and deceased members of Catholic Women's League

†Leo Gregory by Muriel & Family

Sun, Mar 5 – 10:30 am

For the intentions of all parishioners

Please pray for those who are sick: Bruce, Marlene, Ron, Dan, Dorothy, Alma, Patrick, Gaye; Gerald Jean, brother of Suzanne Regimald

Please pray for those who have died: †Bill Theriault, husband of Alice

†Indicates Deceased

PRAYER FOR VOCATIONS

That prayer, penance and almsgiving will dispose more men and women to follow the Holy Spirit as He leads them to discover their vocations in Christ, we pray to the Lord.

2022 Official Donation Income Tax Receipts are ready for pick up in the Atrium. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.

Let God use you without consulting you. Let the Lord catch you... let yourself be caught by Him and then let Him dispose of you utterly. ~ St. Teresa of Calcutta from the book Love, a Fruit Always in Season



Word from the Pastor

At that time Jesus was led by the Spirit into the desert to be tempted by the devil for forty days and forty nights.

During Lent we can look death, or anything that threatens our vocation to follow God, in the face and not be afraid, because Jesus has preceded us into the place of temptation, the desert, and can help us get through our own deserts, the places where, like the Israelites, we have wandered from the path. What is the path I need to get back on to be a more faithful follower of Jesus? What keeps me distracted from and what helps me return to, the way of the Lord?

The ministry of Pastoral Care plans to resume offering Holy Communion at Granite Ridge. If you are interested in this ministry of service to the elderly, please contact the Office, leave your name and contact information and attend the meeting on Thu, Mar 2 at 10:30am in the Conference Room.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Take Five for Faith: Daily renewal for busy Catholics

Take the path of Saint Francis Christian theology has often encouraged human domination over creation. Saint Francis of Assisi had another view, one that has become more prominent in the church as the climate crisis intensifies. Franciscan Sister Rose Dowling expresses one facet of it: “The Earth with which we are so intimate is our primary teacher about who God is and how God wants to relate with us. . . . I see a God who has set into being a creation that continues to grow, evolve, become more conscious, become more complex. I see that as a human I, like the rest of creation, have the potential to grow and become *more* . . .” How will you become more conscious of all of creation today?

“Peter said to him in reply, ‘You are the Christ.’ ”

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Bible Study for Men & Women - "Unlocking the Mystery of the Bible": Helping you discover the story of salvation history and understand how you fit into God’s plan. Our Lady of Fatima Parish, 153 Woodroffe Ave, beginning **Thu, Mar 9, 7-9 pm** for 8 weeks. Cost: \$45. Hosted by Sister+Hood & Our Lady of Fatima Parish. Info: 613-806-0377; 613-722-7661; www.sisterhood.live/programs.

Pope Francis has accepted the resignation of Cardinal Thomas Collins of Toronto at the age of 77 and appointed Bishop Frank Leo, presently the auxiliary Bishop of Montreal as the 11th bishop of the largest diocese in Canada with over 2 million Catholics and some 400 priests.

Development and Peace: a movement of solidarity

Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada.

We partner with organizations in the Global South that promote alternatives to unjust social, political and economic structures and support women in their quest for equality and justice.

With the help of our 11,000+ volunteer members, we inform Canadians about the root causes of impoverishment and mobilize them to act for change. Our Lenten campaign, *Stand for the Land* focuses on people’s defence of their territories in Colombia and Honduras. To learn more about our movement and to join us, visit devp.org.



New Life Retreat: You are invited to take part in a life-changing, faith-building experience. Are you looking for more meaning in your life? Are you seeking a personal encounter with the living Jesus Christ? Join us for this weekend and receive a new infusion of grace and power to live the Christian life. The New Life Retreat, **Fri, Mar 17 – Sun, Mar 19** in-person at St. Mary’s Parish, 100 Young St, Ottawa. Info & registration: www.stmarysottawa.ca/new-life-retreat or call 613-224-5723. Free will offering.

Heart of Worship – Feb 28th at 7:00pm, Holy Redeemer Parish In person and live streamed www.youtube.com/@HolyRedeemerParishKanata/streams Silent time for prayer, live praise and worship music, spiritual talk, and snacks! Francine Dilawri will be speaking on ‘Delighting the Father’s Heart: Revisiting the Parable of the Prodigal Son’.

Practical bits of wisdom from St. Francis de Sales on authentic, holy friendship: “Love your neighbor, dear reader, with a great, charitable love, but befriend only those with whom you can be mutually supportive in virtue. The higher the virtues that you put into these relationships, the more perfect will your friendship be.”

In preparation for Lent this prayer can assist us:

Prayer of Surrender

Father, I believe that you know me and love me.

I have not always chosen to love you,
and have broken my relationship with you
through my sins.

Thank you for sending your Son Jesus who
proved your love for me on the cross.

Lord Jesus, I open the door of my heart and
I invite you to be at the centre of my life -
to be my Saviour and my Lord.

Direct me by your Holy Spirit and help me to
Live the Gospel with my whole life.

Amen.

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